



The Patriot

General J. P. Holland Chapter

Military Order of World Wars
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Volume 4 - Edition 6

May - June 2018

National Website

www.moww.org

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Salute to the Military Ball

"Coronado Remembers Vietnam Veterans"

The Coronado Chamber of Commerce held their **33rd Annual "Salute to the Military" Ball**, Saturday the 21st of April 2018, in the Grand Ballroom, at the Hotel Del Coronado. The theme this year was **"Coronado Remembers Vietnam Veterans."** A special film production was played during the night, which interviewed local retired military veterans, telling their story, during their service in Vietnam. Five Companions of the BGEN JP Holland Chapter of the MOWW were invited to the



Ball. LT Carl Swepston, USN (Ret), Navy SEAL, and Holland Chapter Vice Commander, was featured in the Film production, interviewing Vietnam Veterans. This film production **will be played at a 2018, Holland Chapter Luncheon Meeting, TBD.** Accompanying Carl, was his wife and Best Selling Author, Ann Elizabeth. Also in attendance were Companions CDR Jessica O'Brien, USN, currently the Chief Staff Officer for PHIBRON Three, with husband and Companion LCDR Rob Khim, USN (Ret), F/A-18 Pilot, now commercial pilot. Chapter Commander LCDR Nick Herbka, USN (Ret) and his wife Diane Herbka, Chapter Treasurer, completed the Companions in attendance.



The night was filled with Memories, Comradery and Awards. The Venue of the Grand Ballroom was elegant and inviting, and the Dinner was most enjoyable. DJ music and dancing was held after the Video Production was completed. The evening was another huge success for the Coronado Chamber of Commerce. Well Done! Don't forget to visit the Chamber's Walk of Heroes on 3rd and 4th Streets. **You will find Companion LT Carl Swepston, Navy SEAL on one of the many Banners.**





For the Good of the Order

2018 MOWW Region XIV Convention

Holland Companions,



This year's 2018 Region XIV Convention was held on Saturday, April 28, 2018 at the Veterans Association of North County (VANC), 1617 Mission Ave, Oceanside, CA 92058. The Convention will began at 8:00 AM and will ran through 8:00 PM that evening, concluding with the Convention dinner with guest speaker, presentation of awards, and installation of newly elected officers. The business portion of the meeting (during the day) will included training workshops, discussions about the 2019 Centennial National Convention, and election of officers for the upcoming year.

Thanks to the Department of Southern California for taking the lead and pulling this Convention together for all in Region XIV, particularly PCINC Captain (Retired) Debbie Kash and Department Commander Captain (Former) Dan Kash. They have been extraordinary in their efforts and have put a tremendous amount of time towards making this Convention special. Below is the Region XIV Action Plan. What can we do to expand the Holland Action Plan. We need to expand the participation of Chapter Companions in the activities scheduled in our Plan. Lets enjoy the comradery and pleasure of working together.

Region XIV

2017 - 2022 Action Plan

Seven Areas of Focus

1. **Focus on "RERs" -- RER stands for Recruitment, Engagement and Retention (SG-1).** This includes not only having new members, but having those members engaging in Chapter activities and Companions engaging with other Companions to encourage Companion involvement (thus a two-way street). And of course we must retain all members, especially focusing on those who are Regular and not Perpetual Members. Collectively, we need to focus on the process, because if the process is correct then positive results will likely occur, Department Commanders need to take on a more active roles by engaging in the Chapters' overall RER process.
2. **Focus on Community Outreach (SG -2).** This is what MOWW Companions do in support of the underlying motto "It Is Nobler To Serve Than To Be Served." This focus area also overlaps SG -1 as we give chapters and Companions focus on the overall MOWW mission. Our Chapters' Outreach is a MOWW Buffet. What's on your plate? One size doesn't fit all, but what is on the Chapter's specific plate has impact on the Chapter productivity and RERs.
3. **Market the MOWW Brand (SG - 3).** We need not take a Chapter approach but a Region approach as well. In short, the public and most military veterans usually don't know who we are or what we do. We need to start aggressively addressing this issue starting now and continue our efforts through the 2019 *Centennial National Convention*. All Companions need to understand what MOWW is and what we stand for.



For the Good of the Order

2018 MOWW Region XIV Convention

4. **Promoting and Executing the 2019 Centennial National Convention (SG -3).** Though the Bradley - Hanson (186) Chapter is hosting the Convention, this is going to be a collective “California Effort.” It is a golden opportunity for the Region to not only market the Brand, but the Convention can positively affect our RERs. Every Companion in the Region need to be “JAZZED” about the Convention, plan to attend the Convention, and collectively use the Convention as focus to move our Order forward during the ramp-up to and execution of our Order’s 2019 Grand Celebration.
5. **Increase Department Commander Engagement and Initiate Department Realignment (SG - 4).** Our Region will function under the concept of “Centralized Control and Decentralized Execution.” Department Commanders need to provide Leadership Training and Development for our Chapters, and assist Chapters in defining what is on their “MOWW Buffet Plate.” We’re fortunate to have two Region GSOs who are taking on a focused approach to Chapter training in a variety of areas, and they will be assisting Department and Chapter Commanders especially in the areas, of RERs and Chapter Action Plans. This focus area dovetails into the current Department “structure” which needs realigning to better facilitate effective Department Commander engagement with Chapters. We are working with the chain-of-command regarding the Department Realignment issue.
6. **Give The Chapters Tools To Succeed (SG - 5).** Though this appears on the surface to be a basic Leadership 101 no-brainer, we want everyone in the Region to understand that this is the job of me, my staff, and Department Commanders. I’m here to serve my Region Companions, and-on-the-flip-side, I need to develop a culture wherein Chapter Commanders are comfortable telling me and my staff exactly what they need. I need strong Chapter leadership for the good of the Order, consequently, I can’t afford to have my Chapter Commanders being afraid to ask for assistance. Only by working together can a Chapter move forward and prosper.
7. **Increase Community, Chapter, and Companion Recognition (SG - 5).** This needs to be at the forefront of every Commander’s approach throughout the Region. Chapters need to update the National Database by the end of 2017 (Through the MOWW Form 5, Membership update), and annually thereafter, reflecting all Companions who have been recognized with appropriate awards. National Citations are a high emphasis throughout the Region as well. Department Commanders are in an excellent position to not only recognize Chapter Commanders, but organizations and individuals in their community areas: Community recognition will also carry-over at the Region level to include during the 2019 *Centennial National Convention*. Most of our Chapters have been already engaged in this overall focus area: we need to take a more comprehensive approach at all levels of Command.

For the Good of the Order,

David J. Worley, Lt Col, USAF (Ret)

Commander Region XIV

818-723-4014



For the Good of the Order

VA Telehealth Expanded

VAU.S. Department
of Veterans Affairs**News Release**Office of Public Affairs
Media RelationsWashington, DC 20420
(202) 461-7600
www.va.gov**FOR IMMEDIATE RELEASE**

May 11, 2018

VA Expands Telehealth by Allowing Health Care Providers to Treat Patients Across State Lines

WASHINGTON — Today the U.S. Department of Veterans Affairs (VA) announced a new federal rule that will allow VA doctors, nurses and other health-care providers to administer care to Veterans using telehealth, or virtual technology, regardless of where in the United States the provider or Veteran is located, including when care will occur across state lines or outside a VA facility.

Previously, it was unclear whether VA providers could furnish care to Veterans in other states through telehealth because of licensing restrictions or state-specific telehealth laws. This new rule exercises federal preemption to override those state restrictions, paving the way for VA to expand care to Veterans using telehealth. VA worked closely with the White House Office of American Innovation and the Department of Justice for implementation of the new rule.

“This new rule is critical to VA’s ‘Anywhere to Anywhere’ initiative,” said VA Acting Secretary Robert Wilkie. “Now that the rule has been finalized, VA providers and patients can start enjoying the full benefits of VA’s telehealth services.”

By enabling Veterans nationwide to receive care at home, the rule will especially benefit Veterans living in rural areas who would otherwise need to travel a considerable distance or across state lines to receive care. The rule also will expand Veterans’ access to critical care that can be provided virtually — such as mental health care and suicide prevention — by allowing quicker and easier access to VA mental health providers through telehealth.

VA first announced the proposed rule, titled “Authority of Health Care Providers to Practice Telehealth,” at a White House event last August, during which VA and President Donald Trump launched the “Anywhere to Anywhere” initiative.

In the announcement, VA also unveiled VA Video Connect, a video conferencing app for Veterans and VA providers. Through this new rule, VA providers will be able to use VA Video Connect and other forms of telehealth to furnish care to Veterans anywhere in the country, including in the Veteran’s home.

To learn more about VA’s telehealth “Anywhere to Anywhere” initiative, visit VA’s Office of Connected Care at connectedcare.va.gov.



For the Good of the Order

Commander's Corner



Dear Companions and Friends of the Chapter

The 2019 MOWW National Centennial Convention will be held in Southern California, Simi Valley, in August 2019. This is a GREAT OPPORTUNITY for the Holland Chapter Companions to take part in this historical event. The Convention schedule will include five tours, one of them being the Dinner and tour of the Reagan Library and Museum. National will host a "Hospitality Suite". Accommodations will be at the Grand Vista Hotel. The price for this 5 - Star hotel will be approximately \$106 per night. Reservations will be open in October 2018.

The Holland Chapter may create our own "Profile" and video for the Convention. National will have sponsorships for \$500. More about this at the July meeting.

The Installation on New Officers for 2019 will take place at the July 7, 2018 Meeting. Our Installation Officer and Guest Speaker will be Past CINC Capt Debbie Kash. She will give us the story on the SDYLC, 2018 (June 25 -28). Holland has sponsored 15 students this year. All Companions are invited to visit the classes and graduation. More info to follow by email.

The Holland Chapter has expanded our Awards presentation to our young men and women in high schools (Bronze Patrick Henry Medallion) throughout San Diego County and the hard working Patriotic Organizations of Rancho Bernardo. We will also acknowledge (with the Plaque of Merit) organizations who celebrate our Veterans Service to Country, such as Corona High School US History Teachers and Teachers form El Camino High School. If you know of an organization which should be recognized for Patriotic Service by our Chapter, please let me or our other Staff Officers know. Diane and I will miss the June 2nd Meeting, as we will be back in Ohio for a family wedding. See you all in July.

Calendar of Events

Business Meeting - June 28th

RB IHOP - 0900

General Meeting May 5th

**GSP - CDR Jessica O'Brien,
America Amphibious Battle
Group**

General Meeting June 2nd

**GSP-BGEN RG Head, The Red
Barons Mentor**

**General Meeting July 7th, GSP
-Past CINC Debbie Kash,
SDYLC 2018, Installation of
New Officers at July Meeting**

Birthdays



May

26th Don Hershberger

June

5th Diane Herbka

Anniversaries

May

none

June

4th Kay & Tom Lettington

29th Arnold & Phyllis Regardie



For the Good of the Order

Guest Speaker May 5, 2018

Commander Jessica O'Brien



Commander Jessica O'Brien will discuss the mission of Amphibious Squadron THREE - the planning and execution of amphibious operations and her role as the **Chief Staff Officer**.

Additionally, and probably most interesting to her Companions, will be a discussion of the highlights of her recent deployment with the USS AMERICA Amphibious Ready Group (ARG), consisting of USS AMERICA (LHA 6), USS SAN DIEGO (LPD 22), USS PEARL HARBOR (LSD 52), and the 15th Marine Expeditionary Unit (MEU). During deployment to the SEVENTH, FIFTH, and SIXTH Fleet Areas of Responsibility, the Sailors and Marines of the America ARG and embarked 15th Marine Expeditionary Unit (MEU) conducted maritime security operations and theater security cooperation efforts in support of regional security, stability, and the free flow of maritime commerce. Additionally, the ARG/MEU team participated in a variety of exercises to sustain readiness and conducted military-to-military exchanges with partners throughout the Indo-Pacific and Middle East regions, which strengthened partnerships and increased combat readiness, amphibious and crisis-response capabilities, and communication between U.S. and partner nation forces.



USS AMERICA Amphibious Ready Group (ARG), consisting of

USS AMERICA (LHA 6), USS SAN DIEGO (LPD 22), USS PEARL HARBOR (LSD 52), and the 15th Marine Expeditionary Unit (MEU).





For the Good of the Order

Guest Speaker June 2, 2018

Brigadier General RG Head

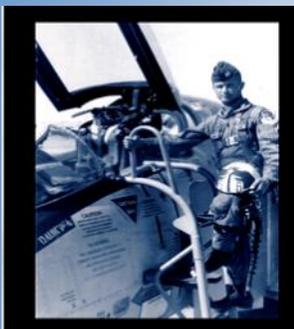
OSWALD BOELCKE
GERMANY'S FIRST FIGHTER ACE
AND FATHER OF AIR COMBAT



RG HEAD

We are fortunate to host RG Head, a decorated War Hero, aviator, scholar, author, and public speaker! He will share World War I aviation, with a story of its most Important Aviator.

Oswald Boelcke was Germany's first ace with a total of 40 victories. His character, leadership, development of air-to-air tactics and impact on aerial doctrine are all reasons why Boelcke remains an important figure in the history of air warfare. He wrote the first Fighter Combat Tactics Manual. He discovered, mentored, taught and commanded the Red Baron. Boelcke's pioneering tactics had a dramatic effect on his contemporaries and even gained the admiration of his enemies.



RG Head began flying when he was 15 and writing about aviation since high school. He got his private pilot's license at 17 and entered the United States Air Force Academy with the second class in 1956. Graduating in 1960 he finished first in his pilot training class and was awarded the Commander's Trophy. In 1962, he won the Top Gun award at Advanced Gunnery Training, flying F-100s. His first operational assignment was with the 31st Tactical Fighter Wing at Homestead Air Force Base, Florida, where he participated in deployments to Japan, Korea and Turkey. Volunteering for Vietnam he entered A-1 Skyraider training in 1964 and was assigned to the 602d Air Commando Squadron, Vietnam. He flew 325 combat missions over North and South

Vietnam, winning the Silver Star, Distinguished Flying Cross and the Air Medal with 12 Oak Leaf Clusters.

General Head was a distinguished graduate of the National War College in 1977, where he wrote a book with Robert MacFarlane. *Crisis Resolution: Presidential Decisionmaking in the Mayaguez and Korean Tree Confrontations*. The following year he was a Military Fellow at the Council on Foreign Relations, New York City, and authored an article in Foreign Affairs magazine.

Returning to the United States he made numerous public presentations on aviation and became an Instructor Pilot in the F-4 Phantom II before being assigned to graduate school at Syracuse University. In 1969, he completed his Master's degree and PhD in Political Science. He taught International Relations and Defense Policy at the Air Force Academy from 1970 to 1973 and edited a major textbook, *American Defense Policy, 3d. ed.* He was reassigned to flying as an Operations Officer in Thailand and Squadron Commander of the 90th Tactical Fighter Squadron, which descended from the 90th Aero Squadron, in World War I. In 1978 he was the Military Assistant to the Under Secretary of Defense for Policy, following which he joined the Joint Staff, where as the Special Assistant to the Director he managed the agenda for the Joint Chiefs of Staff (JCS) and attended approximately 1,000 JCS meetings. Selected for Brigadier General in 1983 he served as the Deputy Commander, Fifth Allied Tactical Air Force, Vicenza, Italy. He retired in 1987 with 27 years of service and 3,000 hours flying time.



For the Good of the Order

Hats Off To Volunteers

April 14, 2018



Holland Chapter Adjutant - Commander Tom Lettington, USN (Ret) receives the Hats Off TO Volunteers Award from San Diego Talk Radio Host (AM - 600), Carl DeMaio, in the category of Safety, Health, and Human Services.



Holland Chapter Communications/Admin Officer - Don Hershberger, CAPT, USN (Ret) receives the Hats Off To Volunteers Award from San Diego Talk Radio Host (AM - 600), Carl DeMaio, in the category of Organizations Serving Seniors and Veterans.



Hats Off To Volunteers Award Recipients for 2018

Organizations Serving Seniors and Veterans





For the Good of the Order

Holland Chapter Present Plaque of Appreciation to Hats Off To Volunteers Committee April 14, 2018



Holland Chapter Commander, LCDR Nick Herbka, USN (Ret), presents the MOWW Plaque of Appreciation to Hats Off To Volunteers Committee Chair, Debbie Kurth, for recognizing outstanding members of volunteer organizations in Rancho Bernardo, CA.

Hats Off to Volunteers started in 2010 at the suggestion of then City Councilman Carl DeMaio, who was impressed by the extraordinary spirit exhibited during the recent wildfires.

The purpose of the event is to recognize the volunteers and volunteer organizations that make our community "Great."

Each year we contact about 70 organizations and invite each one to name a volunteer to be honored.

Holland Chapter Recruiting Table

At

Hats Off to Volunteers Awards Ceremony

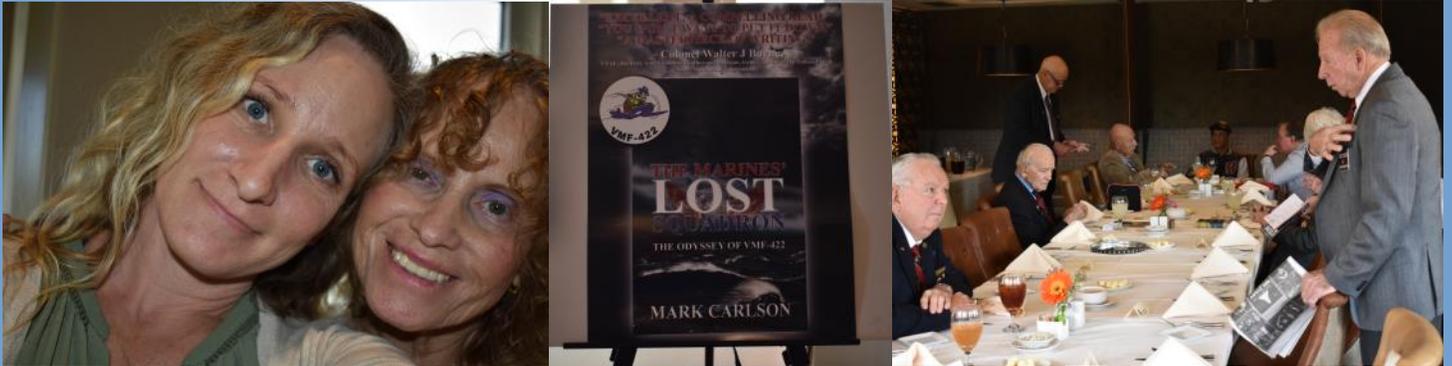


The table was manned by Holland Chapter Companions Gary Carlson, Treasurer-Diane Herbka, Commander-Nick Herbka, and Junior Vice Commander-Earl Wentworth.



For the Good of the Order

Pictures from the March Meeting





For the Good of the Order

Pictures from April Meeting





For the Good of the Order

Bronze Patrick Henry Medallion

The BGEN J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for Patriotic "Service to Others." The four High School students received their Bronze Medallion at the May 5, 2018 Holland Chapter General Meeting. They were accompanied by NJROTC Instructors, Parents and Friends. These young men and women have displayed great responsibility, leadership, serve to others, and personal sacrifice. One young lady was unable to attend the Meeting, so she received her Medallion in front of her NJROTC Cadet Battalion at Westview High School. After the presentation, this same young lady was selected as one of the Officers for the Cadet Leadership Staff (Fall 2018). CDR Jessica O'Brien/Holland Chapter Companion presented the Awards.

Michael Grato

Ramona HS NJROTC



The MOWW General J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for your Patriotic "Service to Others." You have exemplified Leadership, Responsibility, Service to Others, and Personal Sacrifice. You have participated in over twenty NJROTC community service events, significantly contributing to your Unit's over 2000 hours of community service. Due to your superb Character, you have been assigned as a Peer Mentor, guiding a struggling young student to improve behavior, responsibility, academic success, and personal confidence. "Well Done." Your outstanding Leadership is apparent, as you prepare cadets and administer over eighty Advancement

Tests, to ensure these cadets attain their personal goals and develop into future leaders. Your personal sacrifice and dedication is responsible for improved Unit morale, performance, and success. The Companions and Friends of the General J. P. Holland Chapter wish you the very best in Life and May God Bless your future Service.

It is Nobler to Serve than to be Served"

Logan Wilson

Mar Vista HS NJROTC



The MOWW General J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for your Patriotic "Service to Others." You have exemplified Leadership, Responsibility, Service to Others, and Personal Sacrifice. Your Community Service includes working with senior citizens at St. Paul's Senior Service Program, Additionally, you have worked with "Wreaths Across America and the Imperial

Beach Health Clinic. You have volunteered to be an 8th Grade Counselor, and 6th Grade Camp and Rotary volunteer. You have served your NJROTC Unit in positions of leadership as well as the Mar Vista High School ASB. The Companions and Friends of the General J. P. Holland Chapter wish you the very best in Life and May God Bless your future Service.

"It is Nobler to Serve than to be Served"

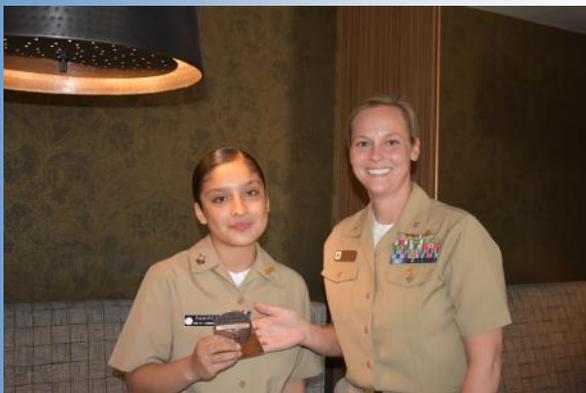


For the Good of the Order

Bronze Patrick Henry Medallion

Ana Ramirez

Orange Glen NJROTC



The MOWW General J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for your Patriotic "Service to Others." You have exemplified Leadership, Responsibility, Service to Others, and Personal Sacrifice. Because of your superior effort in performing Community service and your outstanding "work ethic" in your Unit, you have been placed in charge of the new Unit billet, as the Community Service Officer. Your community service includes supporting the American Legion Post 149 Sunday Breakfast, the Sons of the American Legion Friday Meal, and your Church's program to "Feed the Homeless" every week. Additionally, you perform "Saturday Park Clean Up" in and around Escondido. The Companions and Friends of the General J. P. Holland Chapter wish you the very best in Life and May God Bless your future Service.

ter wish you the very best in Life and May God Bless your future Service.

"It is Nobler to Serve than to be Served"

Paris Nguyen

Rancho Bernardo High School



The MOWW General J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for your Patriotic "Service to Others." You have exemplified Leadership, Responsibility, Service to Others, and Personal Sacrifice. You Have been inspired by the San Diego Youth Leadership Conference to act upon your passion to serve others and make a difference in your community and eventually your Country. You chose, with one other student, to establish an American Red Cross Youth Division on your high school campus. Although you recruited 8 other students, by years end, you failed to reach your goals. Rather than quit, you chose to identify problems, reorganize the Division, and rededicate your people to reaching their goals. Your superb efforts resulted in, recruiting over 80 students, provided more than 800 hours of community service to the American Red Cross.

This included supporting numerous Blood Drives within the local community, cleaning emergency shelters, and installing 100 fire alarms in downtown San Diego. Additionally, the Rancho Bernardo Red Cross Division raised over \$1000 towards the relief efforts after Hurricane Harvey. The Companions and Friends of the General J. P. Holland Chapter wish you the very best in Life and May God Bless your future Service.

"It is Nobler to Serve than to be Served"



For the Good of the Order

Bronze Patrick Henry Medallion

Yoon Yupar

Westview HS NJROTC



The MOWW General J. P. Holland Chapter is proud to present the Bronze Patrick Henry Medallion for your Patriotic "Service to Others." You have exemplified Leadership, Responsibility, Service to Others, and Personal Sacrifice. In the Community, you have served over 150 hours in the Poway Public Library, assisting patrons and managing the library as a student learner. Your love of animals was the impetus behind the weekly service and over 300 hours you provided and continue to provide, at the Helen Woodward Animal Center. In your high school, you work with honors freshman and sophomore students in their English classes. As a member of the Debate Club, you mentor new members and coach freshman in speaking and Writing skills. As a mentor in the Writers Workshop, you have helped Honors English and Humanities students succeed in their effort to earn top grades. In your Unit, you help the Academic Team succeed as the Assistant Academic Team Commander. As the Platoon Chief, you have earned the respect and confidence of you platoonmates through your continual support in all facets

of their high school career. The Companions and Friends of the General J. P. Holland Chapter wish you the very best in Life and May God Bless your future Service.

"It is Nobler to Serve than to be Served"

C/PO Yoon Yupar receives the BPHM from Holland Chapter Commander, LCDR, USN (Ret)

C/PO Yoon Yupar stands at attention in front of the Westview NJROTC Battalion Formation





For the Good of the Order

Letter of Appreciation



Mark Carlson

The Companions and Guests of the General J. P. Holland Chapter sincerely thank you for sharing your story of the "Flintlock Disaster," the Odyssey of VMF-422. We were most intrigued by your insight and delivery of this most informative and enjoyable presentation. We wish you the very Best in your future endeavors.

"Fair Winds and Following Seas"

March 3, 2018

Nicholas S. Herbka

Gen. JP Holland Chapter Commander



For the Good of the Order

Letter of Appreciation



Vice Admiral Robert Thomas



The Companions and Guests of the General J. P. Holland Chapter sincerely thank you for your examination of the current state of U.S. treaty alliances in the Indo-Pacific. We were most intrigued by your insight and delivery of this most informative and enjoyable presentation. We wish you the very Best in your future endeavors.

“Fair Winds and Following Seas”

April 7, 2018

Nicholas S. Herbka

Gen. JP Holland Chapter Commander



For the Good of the Order

Eagle Court of Honor

Devon Parker Golding

April 15, 2018

Troop 649, Escondido, CA



*The Military Order of
World Wars
Certificate of Recognition*



Presented to

Devon Parker Golding

For his dedication to the principles of the Boy Scouts of America as

Evidenced by his achievement of the Eagle Scout Award, thereby

*Identifying him as a Scout fully prepared to Assume all the Rights of Citizenship in the Service of his God
and Country*

April 15, 2018

Nicholas S. Herbka

BGEN J.P. Holland Chapter Commander

Thanks and Dedication

*I would like to express thanks to my parents, family and the many Scout Leaders and Friends
over the past 11 years for all of their Love and Support on my Journey to Eagle Rank - Devon*

Thank You All For Sharing This Special Day With Me.



For the Good of the Order

Chaplain's Corner



Carl Swepton, Navy SEAL, LT USN (Ret)

“Let go Let God “

Prior to the 101st Birthday celebration of our MOWW companion John Cantor, I sat across from him and asked him what his secret was that enabled him to live a whopping 101 years on this earth. I can't remember his exact wording to my question. I believe he used the phrase “Trusting our LORD to guide him as he made personal decisions and choices in his life”. John's comments

prompted me to reflect on some of my decisions through life based on a mantra I use occasionally “Let go and let GOD”.

Further introspection revealed that letting go and letting GOD assist me as I have made some major life decisions to be quite fruitful. As we have learned that utilizing our cruise control while driving prevents speeding and allows us to be more relaxed as well. While flying my, auto pilot equipped, aircraft I learned to trust the auto pilot to keep my wings level and at a desired altitude. During life we are presented with various levels of storms and turbulence. Letting GOD assist us during these troubling times enables us to make good decisions that are in the best interest of all concerned. We all like to be in control of our lives, but sometimes it is better if we sit in the passenger (co-pilot) seat and let God fly the plane or drive the car.

As we all know: Letting go of past hurts and insults isn't an easy endeavor. We tend to hold on to some of our past experiences rather than letting them go and move on in life.

Proverbs 20:24 “Since God is directing our steps, why try to figure out everything that happens along the way?”



My travels on the two lane highway from the mountains to the city often places me behind slow drivers that will not pull over and let me pass. This situation occasionally places me in a position of allowing myself to get upset with the driver or trust in GOD knowing there must be a reason for me having to slow down.

Thank you John for your quite inspirational viewpoint of life. I am sure many of our fellow “aging” MOWW companions will appreciate your approach to a long life.



For the Good of the Order

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